

TOGETHER WE CAN

DONOR REPORT 2019





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Acknowledgement

The Confident Girls Foundation acknowledges the Traditional Custodians of Country throughout Australia and recognises the continuing connection to lands, waters and communities. We pay our respects to Aboriginal and Torres Strait Islander cultures; and to Elders both past and present.

Our Purpose

CONFIDENT GIRLS FOUNDATION MISSION

Unfortunately, women still experience disadvantage because of their gender. Throughout all of our programs the Confident Girls Foundation supports girls and women in overcoming their experience of inequality.

This means improving their confidence, physical and mental wellbeing, sense of community and economic outlook. Our vision is of an Australia where your gender doesn't put you at risk or decrease your opportunities in life.

WHY WE EXIST

In Australia and across the world, women face restrictions on how, where and when they can take part in sport. In 2012, there were still 39 Olympic Games events that were not open for women to compete in. Considering that wellbeing has been proven to come from involvement in sport, we think this is something that should be addressed.

Sport creates jobs; it promotes an active lifestyle; creates a sense of community between teams and leagues and supporters; it is an important part of a healthy mind and body. That's why the Confident Girls Foundation uses netball, a sport that has always accepted women and promoted their talents, to address inequality and a lack of opportunities for women and girls.

OVERCOMING INEQUALITY

Whilst it might seem a small thing, giving someone the confidence to speak their mind or access to a weekly game of netball, these moments can have big implications.

We see these moments grow when participants in the Creating Confidence program, a police protected netball league for families suffering from domestic violence, reduce their psychologist visits because they have a community supporting them.

We see these moments grow when Chelsea Hancock who was too shy to play sport in front of others, decides to teach her neighbours netball and join her local team because the 'netball celebrities' at Sunshine Coast Lightning helped her feel capable.

We see these moments grow when Diamond Spirit wins 'Play by the Rules' recognition, for a school-based program that supports Indigenous and Torres Strait Islander girls to engage in their community, apply themselves to their education and feel empowered through sport.

We support programs that come from those who know their communities best, who see a problem that arises out of gender inequality and decide to ask us to be a part of their solution.

“Sporting and active recreation activities can be the glue that holds communities together, [it] offers people the opportunity to be involved, which provides them with a positive sense of self worth.”
VicHealth April 2007

From the Chair

In 2019 the Confident Girls Foundation celebrated its third year of raising funds to support services, programs and opportunities for girls and young women in and through our Australian netball community.

Our successes came with the assistance of generous corporate, philanthropic and individual donations that were then used to deliver programs and projects by our partners all over Australia. Teamwork!

I would like to thank Nadine Cohen and Brydie McKenzie-Edwards, who with the support of the Netball Australia commercial, media and marketing teams, continued to work their magic in promoting the Foundation and channelling resources and funding into improving opportunities for girls around Australia to achieve their dreams and aspirations.

The Netball Australia Board has continued to support the administrative operations of the Foundation, which allowed it to direct your donations into the projects at the community level. We thank them for supporting our goals and investing in our future successes.

It is very powerful to be part of the project work that we do, so I was very excited to participate in the Waverley Meadows Netball Club's inaugural "Women in Leadership" Q&A night which doubled as an education opportunity for the young women present to hear from three high profile panellists and it was also a very successful fundraiser for the the Foundation. Congratulations to WMNC on this initiative and I hope that it continues next year.

During 2019 we were able to support over 140 girls on the Sunshine Coast, celebrated 'Play By The Rules' recognition for Diamond Spirit and brought the ACT Team to the One Netball Marie Little Shield in Brisbane for the first time.

The One Netball Marie Little Shield is an annual tournament that provides women with an intellectual disability the chance to compete at a national level. I happened to be in Brisbane for this event and witnessed South Australia defeat Victoria in the Grand Final. But more importantly for me, it was wonderful to see the camaraderie, teamwork and enthusiasm to improve and help each other over the three days of the event. Hopefully the new skills will be honed over the next twelve months, so we see not only this tournament grow, but also the states and territories associations introduce inclusive competition opportunities for all.

Finally, I would like to thank my fellow Directors, Karen Stocks, the Netball Australia Board representative, and Maree Sidey for their support and guidance over the last three years. We farewell Maree and thank her for assisting the Foundation in its formative years with her knowledge and experience in the non-profit and philanthropic sectors.



Noeleen Dix AM
Chair

From the CEO

It has been a year of reflection for the Confident Girls Foundation as we move from our initial three-year partnerships and take pause on how far we have come and what we have learnt and achieved along the way.

When we first began this journey the support of women and girls through sport was a very different space. It has been exciting to see other sports take on this inclusivity, to support women and girls on the national and international stage.

It's important that we use this change to become stronger together rather than adopt a sense of competition. There can only be good things for women and girls, when service providers, businesses and sporting clubs combine efforts to support equality.

At the Confident Girls Foundation, netball has always been the vehicle for our support of women and girls. Sport is undeniably an influential field and as we see more women paid full-time wages, we also see more women able to play at a professional level.

This influx of strong female role models for girls developing their place in the world has the potential to inspire and motivate a generation and is something the Confident Girls Foundation believes strongly in.

In the last year, through our relationship with the Australian Netball Players Association, we have developed an Ambassador program to acknowledge the impact positive female role models have on women and girls seeking guidance and assurance.

We have tackled new forms of fundraising that provide greater incentives for our supporters and flexibility with their giving and brought in new commercial partners to support our growth.

We know the space we work in and we have carved a room for the Foundation, the netball community, with us every step of the way.

So, as we look at what we have achieved within our own sphere, winning award recognition for programs and offering inclusive netball across Australia, we welcome the diversity of role models now ready to fight for equality.



Nadine Cohen
CEO

“It's important that we use this change to become stronger together”



Chelsea and Sunshine Coast Lightning

In 2019, Sunshine Coast Lightning and the Confident Girls Foundation supported over 150 girls through a variety of tailored programs.

The June clinic invited 30 Indigenous girls from around Caloundra to attend, where they had the opportunity to learn from Lightning players Laura Langman, Laura Scherian and Cara Koenen.

We interviewed Sandiv, mother of Chelsea, to hear what it meant for them to be involved. Talking to Sandi, she is eager to note the initial barriers that her daughter Chelsea had before even attending the program.

“From the beginning the idea of going to a sports clinic was daunting for her. I think her first response to me telling her about the clinic was ‘is there anyone else going I might know? Can I take a friend?’. I’m glad I could convince her to go! She is a gorgeous kid but shy and she really lacks confidence in herself so from an early age she’d decided team sports were a no-go.”

“But in the end she absolutely loved the clinic. She came home so excited about playing with the ‘Lightning girls’ – which, to be honest, we hadn’t known about prior to that. She enjoyed the drills and learning about the game but what I noticed most was how differently she held herself. Since then, she refers to the Lightning team as ‘the netball celebrities’ and has started talking about joining a netball team.”

“I think the highlight for her though was attending the live game at the University of the Sunshine Coast. She had never been to a live game of any sort and was so taken by the atmosphere, the game and especially the fact that the girls playing were the same ones that had given her so much time and confidence a few weeks prior. It meant something personal to her because she knew the ‘celebrities’ on the court.”

“The best bit about all of this from my perspective was seeing the lasting impacts for Chelsea. As her mum, I’ve really noticed how she has changed.”

“When she came home from the Lightning game, she went out to play in the street with the neighbour’s kids. She got a ball and organised them all into a mini game of netball. It was just brilliant to watch. I don’t think that’s something she would have felt comfortable doing before this experience.”

“I’ve also promised her she can join a netball team next season and we’re both excited for that. As a shy girl who has never done a team sport before, I’m stoked at the difference in her perspective this experience has meant for her. We’re so thankful to have been a part of such an amazing program.”

Naomi and Netball Northern Territory

Through the support of the Confident Girls Foundation, Northern Territories' Marie Little Shield team, the Dragonflies, were able to participate in the national competition for another year. An undeniable benefit in the lives of those who've made a community around the event.

For Naomi, who has played for the Dragonflies three years in a row, the sense of comradery between teammates and competitors is an important part of the event.

"What I find most important is teamwork and helping each other, like some people in the ACT team were getting a bit down and I just picked them back up and gave them a high-five and to see the smile on their faces when ACT scored their first goal. I was pretty excited."

It's because of her commitment to both the game and everyone she plays with, that made Naomi the obvious choice for the One Netball Marie Little Shield Most Valuable Player award. The highest accolade of the event.

"I love netball just to have fun and meet new people, it's just so ... words cannot describe it."

For many people netball is more than a game; it is an opportunity for mateship; an opportunity to work together; make memories; feel independent and most importantly, lead a healthy lifestyle.

That's why the Confident Girls Foundation, on top of supporting the teams from WA, NT and ACT get to the One Netball Marie Little Shield, also provided a relaxation space for all teams, decked out with oversized games, bean bags and apples donated by Woolworths.

An undeniable improvement to the event, Naomi couldn't stop herself from returning the Chill-out zone between games. "I love the apples, the apples are great. I've had about 8 so far. I'm an apple freak!"

But even apples, came a close second to netball.



Empowerplay and Netball New South Wales

When Trish Crews, Raewyn Elsegood and Samantha Jack noticed that their daughters weren't enjoying playing netball anymore, feeling anxious about themselves and their games, Team GEM didn't quite know what to do, just that something had to change.

"We knew our daughters needed help but we also wanted to work with our Gazelles Club committee, who wanted to increase our girls' involvement with their team and to encourage them to give back," said Trish Crews.

"We found the older adults were the only ones moving forward to volunteer umpire and coach. Now we have twenty-eight 14 and 15 year olds who are playing, coaching and umpiring this season. There is no way, 6 years ago I would have said that was possible."

From this success, their empowerment program continued to make leaps. With the support of the Confident Girls Foundation, in 2016 Team GEM partnered with Netball NSW to establish EmpowerPlay, introducing their program to others in the state.

The program has four modules, Empowerment, Resilience, Kindness and Confidence, which comprise of three sessions. Over the past three years 22 associations have taken part in the program, a significant increase from an initial pilot of 5.

For those involved the benefits are obvious. At Nowra Saints Netball Club Katie and Amelie, aged 11 and 12, were eager to continue the program. "I enjoyed every session. I liked it all" said Katie whilst for Amelie, it was more about the community, "I got to know everyone and we are more of a family".

It's also a great resource for coaches and parents. For Mardi Aplin who delivered a module in Orange, it's meant she can be a more effective support for her team.

"As a coach I am loving having this included within my program. It has allowed me to get to know each of the girls in the way they see themselves and the strength of their personalities that I as their coach can work with."

This is one of the greatest benefits, says Team GEM Samantha Jack.

"Through the program coaches learn who their players are and how best to coach and play with the individual. This also allows them to deal with any other issues coming out of their personal lives. It becomes about more than the game."

And the benefits aren't just for individuals. For Gazelles, who have run the program for six years now; their teams have continued playing together, individual players have more confidence in themselves and the club as a whole feels more united and stronger.

They have even seen an increase in player numbers, a strong retention rate and more sponsors come on board as the club has built a great reputation for community and support.

"Like most things, it came from a need at the time and we saw the positive impacts its had for our own children and then it grew from there," says Raewyn, whose daughter was told by her therapist that she needed to be involved in team sport to overcome her anxiety.

"We've set this expectation, that we will support these players and their hearts in their netball journey and now we have girls asking what the next thing is, how are we going to continue supporting them, they want more."

"When a club steps up, we see that netball can teach you so many life skills. It's not just netball. That's what team sports are really for."



Macfarlane Primary School

The program we are running involves the grade 4-6 students at Macfarlane Primary School in Katherine (NT) training 2 lunchtimes each week and participating in the Katherine Netball competition on a Thursday afternoon.

In order to be able to play each week, students must have above 80% attendance and no extreme behaviour incidents. This is an amazing incentive for the girls and has seen a dramatic increase in their attendance and behaviour at school.

In term 2 we take the team to Darwin to participate in the Indigenous Netball Carnival. The funding we received from the Confident Girls Foundation funds the registration for this (along with the shoes and uniforms we have been able to purchase with the funding).

This carnival is an amazing opportunity for the girls to celebrate their culture in a positive light (all students are Aboriginal) and be exposed to Aboriginal women who are achieving great things through sport.

For most of the girls this is the only trip that they have to Darwin for the year, and speak of it constantly. The sense of pride they feel after this trip is contagious across the entire school community.

I have seen firsthand the incredible impact that participation in our netball program has had on school attendance, behaviour and the girls' sense of achievement and self-esteem.

They have developed a strong sense of belonging and identify that they're a team who look out for one another both in and out of school. The girls' participation in the netball program is dependent on their school attendance and behaviour. I have seen girls who have been chronically low attenders, disengaged with low self-esteem become high attenders and engage in their schooling.

I think the greatest outcome of the program so far has been seeing the improvement in the girls' self-esteem.

One of the girls on the team previously was so shy she would speak in whispers to other girls, and get them to pass on her questions to us. Since playing on the team we have heard her call out for the ball, and has been able to speak to us for herself (a HUGE achievement for her).

Once the girls move up to the high school, they constantly come back and ask if they can play on the team with us again.

Although they are too old to be on the team, they still come and watch the younger girls play each Thursday afternoon.

*Teacher and Program Coordinator,
Hannah Robbins*



Netball ACT Harmony Day

With the support of funding from the Confident Girls Foundation, Netball ACT was able to participate in the 2019 Harmony Week, an important nation-wide celebration of the diverse groups that live across Australia.

On the final day of celebrations, Netball ACT ran multiple free events, from NetFit sessions to Come'n'Try clinics, the day was packed full of cultural activities, entertainment and games, with representatives from many of the cultures that make up Canberra.

One group, Tumanako, a Maori collective that performs traditional dances and songs were particularly excited by the initiative.

"It means a lot to be involved with a day like today. Firstly, it's got sports and netball is quite common throughout New Zealand," says Tumanako leader Isaac Cotter, "but also, a lot of our kids come here and enjoy the day because it is Harmony Day as well, it allows us to work together with other cultures."

The day saw African drumming, Tai Chi, Latin American dances and musical performances by the Islamic School of Canberra all come together in the one space. It was also a safe environment for communities to try a sport that they might not have had the opportunity to play in their countries of origin.

Giovani Cano, a cultural event organiser from Fair Canberra viewed the day as a way to break down barriers and for people from Latin-America to try something new.

"Netball in our community is something that isn't talked about much, to be here and to see the girls in action and try the sport itself, is an exciting outcome," Cano said.

"I saw some guys playing and I thought only girls played netball. So, it is really fun, and the inclusion is great to see."

NETFIT session hosts and elite netballers, Sarah Wall and Kim Green, noticed the energy that was brought not only to their programs but to the day as a whole. "I think Netball ACT is leading the way in terms of the next step - to bring everyone together no matter what community they are from and to be proactive and have a day that actually opens the doors," Wall said.

"Like Sarah said, we are just so proud to be a part of it and we are actually really honoured, the groups that came in today to do their performances and we were a part of that I think that was really cool," Green said.

Overall the event was a success that worked to establish what Netball ACT's broader programs are working towards; a Canberra that is supportive and celebrative of its diversity.





Diamond Spirit and Netball Queensland

Diamond Spirit is a holistic community engagement program which uses netball as a vehicle to empower and educate Indigenous girls in remote and regional communities.

Formerly known as the Indigenous Advancement program, Diamond Spirit has already made a positive impact in the lives of more than 1,000 participants in the Far North Queensland communities of Aurukun, Mapoon, Napranum and Yarrabah.

Participants have been engaged in a range of fun, educational and practical workshops as part of the program, which uses netball to encourage and reward healthy living and engagement in education.

In 2019, the Confident Girls Foundation, supported two areas of the program; Diamond Spirit Educate Hubs and the Leadership Camp.

Throughout the year over 100 students gained access to the two State High Schools involved in the 'educate hubs', 85 students have attended Diamond Spirit camps and 14 students attended the Leadership Camp.

Alongside this there has been significant investment in ensuring that the curriculum content continues to be relevant and effective, both in development and implementation.

Diamond Spirit Program Manager Lee Wilson has personally seen the impact of the program throughout the year.

"Sport has the power to change lives and the Diamond Spirit program, an inclusive program that supports Aboriginal and Torres Strait Islander women and girls living in remote and regional communities by encouraging greater participation in regular physical activity, is doing just that," he said.

"We know that sport not only supports healthy bodies, but it also contributes to the social fabric of our communities. Diamond Spirit will also drive the continued growth of netball in the remote regions of far north Queensland, providing sporting opportunities for women and girls," he said.

"We are a long way from finished and our work is not done, but we have started that journey and we are succeeding."

This year the program was recognised by Play by the Rules, an award system that acknowledges and raises awareness for initiatives and programs that contribute to safer, fairer and more inclusive sport participation.

Three years since the program began, this award is an important opportunity to reflect on the fantastic work that has been done, for the benefit of netball, girls and for Indigenous and Torres Strait Islander communities.

C6 Netball South Australia



The C6 competition runs during the winter netball season and in 2019 saw seven teams take part from April to September.

In the lead up to the competition, Netball South Australia ran a Come and Try day which saw 50 participants attend the two hour session.

Kristy Aufderheide, from Netball SA, spoke to the importance of the program.

"Through conversations with participants we saw so many positive outcomes; increased sense of belonging to the netball community, increased social activity and inclusion, increased feelings of good health and well-being."

It also operates as a feeder to the development pathway for South Australia's Marie Little Shield representative team, the Rubies, who in 2019 won the shield for the first time!

For Megan, 20, it's an important part of her week.

"For me, playing netball means that I have found somewhere that I belong and that I get the opportunity to play with people every Saturday afternoon who love netball as much as I do."





Empowered Pies and Collingwood Netball Club

Expanding their program in 2019, Empowered Pies ran six sessions for girls from low socio-economic families. Each session included on and off-court components that focused on building a sense of community and ensuring they knew how to care for themselves and others.

This meant having talks from local leaders, such as Local Member for Parliament, Russell North, representatives of Gippsport, the Gippsland Centre Against Sexual Assault (CASA), local community member Lucy Bertrand and 'Hello' Campaign Founder Sam Forbes.

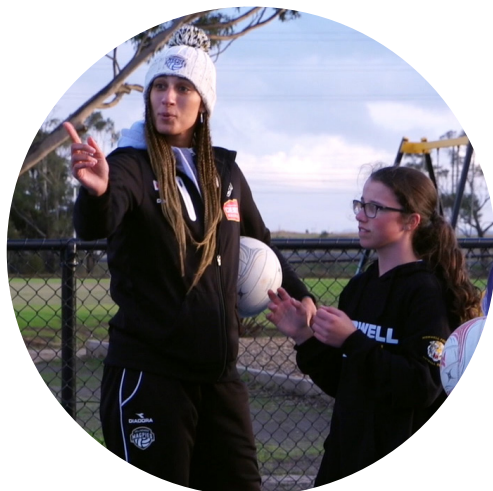
"It's really important, especially during adolescence, for people to be confident in who they are and who they want to be," said Gippsland CASA Senior Clinician Kristen Webber.

"It means they can have focus and direction about where their future will go and where their passions lie, what strengths they have and to be connected to their community."

The program also opened discussions around topics of leadership and goal setting, mental health, self-empowerment, the importance of speaking up and speaking to others in the community, as well as mindfulness and wellbeing.

For Kristen, who understands the importance of being able to speak about difficult topics, the program manages to address many of the issues that young people face, giving them the skills to build upon those moments and help their friends to as well.

"I think this program really connects young people to each other and the importance of empowering and supporting each other. It's great to see."



CALD Community Netball Carnivals and Netball Victoria

Through the Western and Geelong English Language Schools, Netball Victoria coordinated the delivery of specialised drills and skills sessions for newly arrived students.

Through four week blocks, those who are new to the country have the opportunity to engage in sport with their peers and learn about Australia's largest cultural practice; sport.

"It's fun to play sport, and netball is a different sport that I like learning," said one participant, "I have learnt new skills and have practiced teamwork by playing netball."

"Most importantly, it gives participants the opportunity to connect and make friends through a community setting, which can be especially difficult when arriving in a new country."

"The program provides a safe environment for newly arrived migrants to socialise with like-minded peers through physical activity," said Netball Victoria's Partnerships Coordinator, Tanya Gamble

At the end of these skills sessions, a Gala day is run to provide an opportunity for participants to display everything they've learnt.



Elite Development Programs and Netball Tasmania

In order to support those that live in regional or low socio-economic areas, Netball Tasmania ran a training and education program in the South, North and North West of the state.

The sessions included nutrition, body image and body-positivity, goal setting, developing constructive support networks, how to be an effective role model and recognising mental health challenges in yourself and others.

Throughout the year 75 athletes participated in the program, with over a third of participants living up to 2.5 hrs from capital cities.

“The program has given me more confidence in myself in general and a better understanding of how important it is to plan ahead in both sport and in life,” said one participant.

“It’s also helped me understand how important it is for me to demonstrate good behaviours for the younger players who see us at the courts every week.”

Netball Tasmania CEO, Aaron Pidgeon, spoke to us about the importance of the program.

“The support of the Confident Girls Foundation has been critical to the development and delivery of this program, in particularly being able to structure the program in a manner which is practical and affordable enough to ensure that athletes from right across the state are able to participate.”

“Our Elite Development Program is considered an integral educational tool in our athletes netball journey not only on the court, but off the court as we help them grow into healthy, confident women. The program goals extend well beyond the sport related benefits.”

“Our Elite Development Program is considered an integral educational tool in our athletes netball journey”



NAIDOC Carnival and Netball Western Australia

Across two weekends, NAIDOC netball carnivals were run in Perth and Broome throughout July in 2019.

These carnivals are an important opportunity for communities to come together and celebrate indigenous culture and achievement, whilst offering a platform for off-court education to occur.

A series of providers attended the event including the Heart Foundation, Cancer Council, Diabetes WA, Indigenous Leadership groups and an Ear health bus.

At the end of the two carnivals over 1,700 athletes had represented their communities, with over 3,000 family members attending the events.

“It’s always wonderful to see the NAIDOC Netball Carnival grow in stature each year. We are incredibly fortunate to host this event, after inheriting it over a decade ago, following many years of hard work by the indigenous community,” said Netball WA CEO, Simon Taylor.

“To see it continue its standing as one of the most distinguished events on our calendar, is something we’re proud of.”



Australian Community

The Confident Girls Foundation puts community at the heart of everything it does; that's why we value netball and the strong sense of belonging it gives to so many Australians. It takes people being leaders in their community to create positive change. We'd like to thank all the schools, community groups, volunteers and elite netballers who make up the Confident Girls Foundation.

RUYTON

In August, Ruyton Girls School decided to support the Confident Girls Foundation through their annual Community Service Day. As a student run initiative, each year level takes over an area of fundraising and get to plan the day themselves.

The Senior School students organised activities and food stalls, as well as a goal shooting competition between the Houses. While the lucky Junior School were visited by Diamonds player and Confident Girls Foundation Ambassador Caitlin Thwaites; who talked to them about the work the Foundation does and her own confidence journey.

The day was a great success with many girls coming to school dressed up as their favourite netballers and learning about how to make a difference for their community and girls everywhere.



VOLUNTEERS

We are incredibly thankful to all those who volunteered their time and efforts to support the Confident Girls Foundation events throughout the year; at our Suncorp Super Netball Confident Girls Round, during the One Netball Marie Little Shield, throughout the programs we support and across the International Tests.

We couldn't have had such an amazing year without you. Thank you for your continued dedication to our cause.



FATHERS OF GIRLS

Every year, for the past 4 years, Fathers of Girls have brought together dads from across Brisbane to support their daughters and raise funds for the Confident Girls Foundation.

The key purpose of the group is to shine a light on the modern father of girls. Fathers of Girls support, encourage and provide the tools for fathers to raise their daughters to be confident, independent and strong in a modern world.

Throughout 2019 they held a lunch for the dads, where they heard from writer and parenting expert Rebecca Sparrow, as well as raffling off a Diamond Ring to one lucky punter.

Earlier in the year they held a day for their daughters that centred on netball and community, with Firebird Laura Clemesha running a clinic for nearly 50 girls.

We're proud to have partnered with such forward thinking parents, willing to take the initiative in ensuring their daughters have the best chance at being confident girls.

To find out more about FOGs head to their website: <https://fathersofgirls.org/>



AMBASSADORS

In 2019, following a partnership with the Australian Netball Players Association, the Confident Girls Foundation developed an Ambassador program to provide additional opportunities for elite netballers to support those living with disadvantage.

A number of netballers put up their hands to run clinics, become fundraisers, post messages and talk to schools about their experiences.

Thank you to all our Ambassadors; Sam Poolman, Kate Eddy, Sophie Garbin, Laura Scherian, Laura Langman, Caitlin Thwaites, Gabby Sinclair, Laura Clemesha, Stacey-Jane Francis and Sasha Glasgow.

Waverley Netball Club

Waverley Netball Centre and their Venue Manager Michelle George are those community pillars that somehow help everyone whilst still having time to search for more ways to make an impact.

They support an All Abilities program, which grew to 30 participants after they moved the location to the Waverley Netball Centre, where the teams have the opportunity to play inside on Saturday's alongside other regular competitions.

There's the Suncorp NetSetGO that supports over 95 kids with over 36 different languages spoken at home, which means there is a lot more support that needs to go into getting kids registered and providing information to the parents and grandparents.

And of course there's the Club Tournament, one of the first in Victoria. Initially organised by Anne George, the previous Centre Manger, the competition is an opportunity for clubs to play in a tournament without worrying about games being dominated by rep teams.

And for the past 5 years, these Club Tournaments have also doubled as a fundraising event for the Confident Girls Foundation.

"If we're going to choose a charity then we're going to choose something that supports netball and supports those people to be able to be involved," said Michelle George.

"I like to see kids have the opportunity to play this sport that we've been a part of."

Each year between 60 - 80 clubs take part in the tournament, where they run a raffle, donate a portion of the entry cost and raise funds through selling merchandise.

"I think you just naturally nurture those who need support and it helps people getting others involved, getting as many people involved the better," she went on.

"It's about providing opportunities for everyone to be able to participate. We've always been an active part of our region, so helping others is just a part of the work we do."



Thanks and Acknowledgements

We gratefully acknowledge our Partners, Supporters and Donors

CORPORATE PARTNERS



Suncorp is one of Australia's largest financial services providers and is a proud supporter of the Confident Girls Foundation. They are committed to bringing community together through their many partnerships. That's why the shared vision of Suncorp's Team Girls and the Confident Girls Foundation has facilitated growth and support for so many disadvantaged Australians. Together they have worked hard to build a community that gives girls the space to be their best.



Fuel2Fly is a clinic program developed and run by Clare Ferguson and Laura Geitz, two netballers who embody what it is to be a Confident Girl. The clinics look at nutrition, performance, positive self-talk, goal setting and resilience. With a similar perspective and path towards helping Australian girls, Fuel2Fly and the Confident Girls Foundation are a perfect partnership to create equality and confidence in the next generation of women.



As Australia's government-owned postal service, Australia Post are committed to creating connections and opportunities for everyone no matter where in Australia they are. They do this through regularly visiting over 11.7 million addresses and by supporting a diverse array of charities that help to include those who are often left in isolation. Together we are proudly supporting the creation of community throughout regional, rural and remote areas, as well as in our cities.



The Jim Stynes Foundation continues the legacy of a kind man who accomplished great personal and social feats and his Foundation continues this by directing funds to those who need it most. The Confident Girls Foundation is humbled to be recognised by the Foundation as a worthy charity and are grateful for the possibilities of change this allows us to achieve for disadvantaged girls.



June Canavan was a tireless humanitarian who worked largely in the areas of sport, education, health and conservationism. The Foundation was set up by those who knew how much that work meant to her and decided it needed to be continued after she passed. The June Canavan Foundation provides financial and other supports to projects that represent June's ethos and has been a prominent reason the Confident Girls Foundation has been able to do what we do over the past few years.



Newman's Own Foundation was formed in 2005 to continue the philanthropic work of Paul Newman. The independent, private foundation does not accept donations but instead uses the profits and royalties of the Newman's Own range of foods to help non-profit organisations across the world. Currently, over \$530 million has been contributed to helping those who need it and the Confident Girls Foundation is proudly continuing Newman's legacy by using their support to help Australia's girls thrive.



Fathers of Girls formed to shine a brighter light on the importance of a modern father role model in a daughter's upbringing. Their key community purpose is one of support and opportunity, as the Brisbane based group encourages proactive fathers to engage, share and learn from one another. The group meets throughout the year to raise funds for charities that support women and girls, whilst encouraging parental development and meaningful connections with their daughters.

FUNDRAISING PARTNERS



The Australian Sports Foundation Limited (ASF) was established in 1986 to assist Australians by generating funds for the development of sport from the corporate sector and the community at large. The ASF is a public company and is governed by the Australian Sports Commission Act 1989. It is listed in the Income Tax Assessment Act 1997 (Division 30, Section 30.90), which enables the ASF to offer tax deductions for donations of \$2 or more. The Confident Girls Foundation values the support, expertise and resources provided by the ASF.



Play for Purpose is an innovative solution that rewards both supporters and charities, it is a world-first and the ultimate win-win charity lottery. Play For Purpose utilises technology to provide a cost effective and transparent fundraising offer to some of Australia's most valuable community organisations that deliver essential services every day.



Good2Give is a not-for-profit that makes it easy for businesses, their employees and customers to support the communities and causes they care about. Committed to building a more giving society, Good2Give provides innovative technology solutions to help businesses, donors and charities connect. As well as advising businesses on how to engage with charities, Good2Give's market-leading technology platforms allow for the efficient and secure processing of around a million transactions annually.

MAJOR ORGANISATION DONORS

- ASICS Oceania

Balmain Wolverines Netball Club

Brisbane Central Flyers

Caulfield Bears Football Netball Club

Close Commercial Services

Engadine Netball Club

Fathers of Girls

Great Lakes Netball Association

Karate Victoria

Litchfield Bears Netball Club
- Megans Dance Studio

PTP

Ruyton Girls' School

Sandringham District Netball Association

Sunshine Coast Lightning

The Give & Goes

TLA

Waverley Netball centre

Waverley Night Netball Association

Women of the MCC sub committee

MAJOR INDIVIDUAL DONORS

- Abbey Gorlick

Addie Brown

Andrew Ebbott

Angus Boyd

Anna Kurtz

Annabelle Helps

Annie Sargeant

Anonymous Donors

Anthony Everard

Barbara Przybykak

Barry Parker

Brenda Nixon

Brendan Larsen

Bridget Slattery

Bridie Brideoake

Caitlyn Izzard

Cal Gorlick

Carmen Popescu-Rose

Carolyn Downing

Cathryn Coyne

Catriona Larritt

Charlotte Bonner

Chelsea Russo

Chloe McDonald

Chloe McVay

Chris Bonner

Chris Effeney

Christie Newell

Cindie Lenson

Claire Daffey

Craig Sheedy

Cristy Clark

Dad Price

Dad Przybylak

Dean Jackson

Dianne Singer

Doug Hale

Edmond D'Albret

Elizabeth Melbourne

Elizabeth Palma

Ellie Price

Eve Przybylak

Frank Crowther

Freddie O'Connor-Nash

Geoff Izzard

George Przybylak

Georgia Horo

Grandpa Izzard

Grandpa Laing

Granny Laing

Granpa Storky David
- Haron O'Connor-Nash

Hazel Bonner

Heather Cunningham

Helen McVay

Ian Swan

James Strachan

Jason Close

Jayne Smith

Jemelle McGuiness

Jill McSweeny

John Izzard

John Lennon

John Swan

Joy Scott

Judy Greenwood

Julie Fox

Julien de Jager

Justine Whiting

Karen Hall

Karen Whistler

Kathleen Millar

Katie Lee

Kerri Price

Kylie Sullivan

Lahni Carpenter

Landell Archer

Laura Cunningham

Libby Howe

Lily Boyd

Lisa Grima

Luke Ferguson

Luke Gorlick

Luke Whistler

Lyn Wood

Margo Harris

Marguerite O'Connor-Nash

Maria Wilton

Martin Singer

Matt C

Matt Collins

Matthew Denham

Matthew Swan

Megan Newell

Melinda Denham

Meredith Heyden

Michael Bonner

Michael Jones

Michael Thomson

Michelle Prior

Monique Bensted

Morgan McMeniman
- Mum Przybylak

Nadine Cohen

Nanny Price

Nathan Brown

Netty Heads

Nicholas Faleide Lester

Nick Slattery

Nicole den Duyn

Nicole Rose

Nicole Singer

Noeleen Dix AM

Oliver Brown

Paige McSweeny

Paolina Hunt

Patricia McAuley Stanage

Paul Turyn

Peter Hall

Peter Hertan

Peter McMeniman

Peter Wells

Pyers O'Connor-Nash

Rachele Camps

Rachelle McMillan

Renee Izzard

Robyn Flynn

Rodney Czydel

Ruby Boyd

Ruby Sommerville

Sam Donovan

Sam Schumacher

Saoirse Bonner

Sarah Kovacevic

Scott Williamson

Sean Lowry

Sharon Ellis

Shelley Nelson

Sherenne Swan

Simon Bonner

Sophie Duggan

Stephanie Smarrelli

Stephen Penny

Taylah Price

Terry Fox

Therese Slattery

Tim Eddy

Toni Gorlick

Tracy Carpenter

Will McVay

WN Crowther



GIVE FOR A GOAL FUNDRAISERS (INDIVIDUALS)

Abbey Gorlick
Abbey Whistler
Addi Przybylak
Addison Duggan
Aisha Fox
Alice McMeniman
Annie Lowry
Annie McVay
Audrey Lowry
Bridget Crowther
Bridget Slattery
Bronte Williamson
Caitlyn Izzard
Camilla, Lucy, Sophie, Abbey
Celia McMeniman
Charlotte Bonner
Charlotte, Rosie & Floss
Clementine Lowry
Darcy and Sophie
Edmond D’Albret
Ellie Price
Eloise McMeniman
Elsie Lowry
Emily Laing
Florence Swan
Flossy McVay
Freya McAuley
Hannah Laing
Harriet Swan
Hilary Bokeyar
Iona McAuley
Krystal Dallinger
Lahni Carpenter
Lily Przybylak
Maddie Crowther
Ngahuia Te Rure
Poppy Mcvay
Rhyana McSweeny
Ruby Sommerville
Saoirse Bonner
Sophie Whistler
Stephanie Smarrelli
Tyler Duggan

DONORS AT THE

Constellation Cup Match in Perth
Constellation Cup Match in Sydney
Diamonds 2019 Netball World Cup Farewell Lunch
Suncorp Super Netball Finals Series

OUR PROGRAM DELIVERY PARTNERS

Netball In Australia



Suncorp Super Netball Clubs



SPECIAL THANKS TO

The Australian Diamonds
Netball Australia Staff and Board, especially Renae Smyth, Joanna Margiolis, Libby Howe, Victoria Edmondson, Lauren Morgan and Jemelle McGuinness
The Australian Sports Foundation, especially Patrick Walker and Jaime Firman
Suncorp Super Netball Staff and Commission
KPMG

The Confident Girls Foundation team:
Nadine Cohen, Interim Chief Executive Officer
Brydie McKenzie-Edwards, Project Officer

Governance

Netball Australia is the sole member of the Confident Girls Foundation, a not-for-profit public company limited by guarantee, which is established to be, and to continue as, a charity.

The Foundation is an Australian Charities and Not-for-profits Commission registered charity and has partnered with the Australian Sports Foundation Ltd, enabling tax deductibility for donations.

Netball Australia and the Confident Girls Foundation entered into a Partnership Agreement to promote the longer term self-sustaining economic viability and growth of the Foundation, deliver social impact outcomes, and align with netball’s community strategy, netball development, community engagement and commercial priorities. Subsequently, Partnership Agreements were executed with all of Netball Australia Member Organisations, Suncorp Super Netball Clubs and the Australian Netball Players’ Association.

The Foundation is committed to the highest standards of corporate governance and meets the Australian Charities and Not-for-profits Commission’s governance standards.

The Foundation Board is accountable to Netball Australia, the sole Member of the Charity, for the pursuit of its purpose and the performance of the Charity.

The role of the Board and the general principles upon which the Charity governs its operations are set out in the Governance Principles Policy.

The Board is responsible for establishing the strategic direction, reviewing and monitoring the performance of the Charity, the effectiveness and efficiency of management and overseeing the compliance of the Charity with relevant legislation and regulations.

The Board has approved a range of policies to provide direction to management.

A schedule of delegated authority from the Board sets out decision making responsibilities and financial thresholds for appropriate levels throughout the Charity.

The Board consists of three Directors, including the Chair, who is appointed by the Netball Australia Board, the sole Member of the Charity. There was one change to the Directors in 2019.

The Directors are not remunerated; however, Directors are reimbursed for reasonable expenses directly related to Board activities including travel, accommodation and meals. The Board is responsible for oversight of high-level enterprise risk.

Directors are required to apply their independent judgement to Board decisions, to question and seek information or raise any issue of concern to them in order to fully explore all aspects of the major issues facing the organisation. In accordance with the Governance Principles Policy the Directors are required to keep Board discussions confidential and support all decisions of the Board.

DIRECTORS



Noeleen Dix AM, Chair

Noeleen is a former Australian player, Executive Officer of Netball Australia, Chair of Netball Australia and a highly-respected sports administrator who has held senior management positions across a range of sports and events. Noeleen was the General Manager of Masters Swimming, Manager of the 1991 World Netball Championships in Sydney and Program Manager - Competitions for the 2006 Melbourne Commonwealth Games. In 2016, Noeleen was inducted into the Victorian Honour Roll of Women, inducted into the Netball Victoria Hall of Fame and awarded a Service Award in 2018 by Netball Australia.



Karen Stocks

Karen Stocks is Global Director, Measurement Solutions at Google. Prior to this she was the founding MD of Twitter Australia, growing the Australian business to become the fastest growing region globally for Twitter. Karen has been instrumental in supporting netball’s growth on the popular social media platform and was an ambassador for Netball World Cup 2015 (Sydney). Karen was the 2014 Patron for Go Girl – an initiative encouraging young women to work and study within business and/or IT. She is a member of Chief Executive Women and an ambassador for Business Events Sydney. In 2016 Karen was Runner-up Managing Director of the Year (CEO Magazine) and since 2015 has been included in the annual B&T Magazine’s Most Influential Women in Media. Karen has previously worked at Google and Vodafone and has a passion for bringing new technologies to enhance the customer experience. She has a degree in Financial Administration, an MBA, and is a Fellow of CPA Australia. Karen is an avid netball follower who is excited to contribute to the sport’s increasing popularity.



Maree Sidey

Maree is a passionate advocate for social change in Australia and has over twenty years’ experience working across the sport, health and non-profit sectors. Prior to becoming the CEO of the Australian Communities Foundation in 2015, Maree was the General Manager of Good Sports and has also worked as Head of Communications and Public Relations at Headspace. In 2014 she was awarded the Non-Profit Leadership Fellowship through the Harvard Club of Australia and was awarded a Scholarship in 2012 through Chief Executive Women to attend the inaugural Women in Leadership Course at the University of New South Wales Graduate School of Management.

MEETINGS OF DIRECTORS

During the financial year four meetings of Directors were held. Attendances were:

BOARD MEETING	ATTENDEES	NUMBER ELIGIBLE TO ATTEND	NUMBER ATTENDED
	Noeleen Dix (Chair)	4	4
	Maree Sidey	4	4
	Karen Stocks	4	4

FINANCIAL SUMMARY

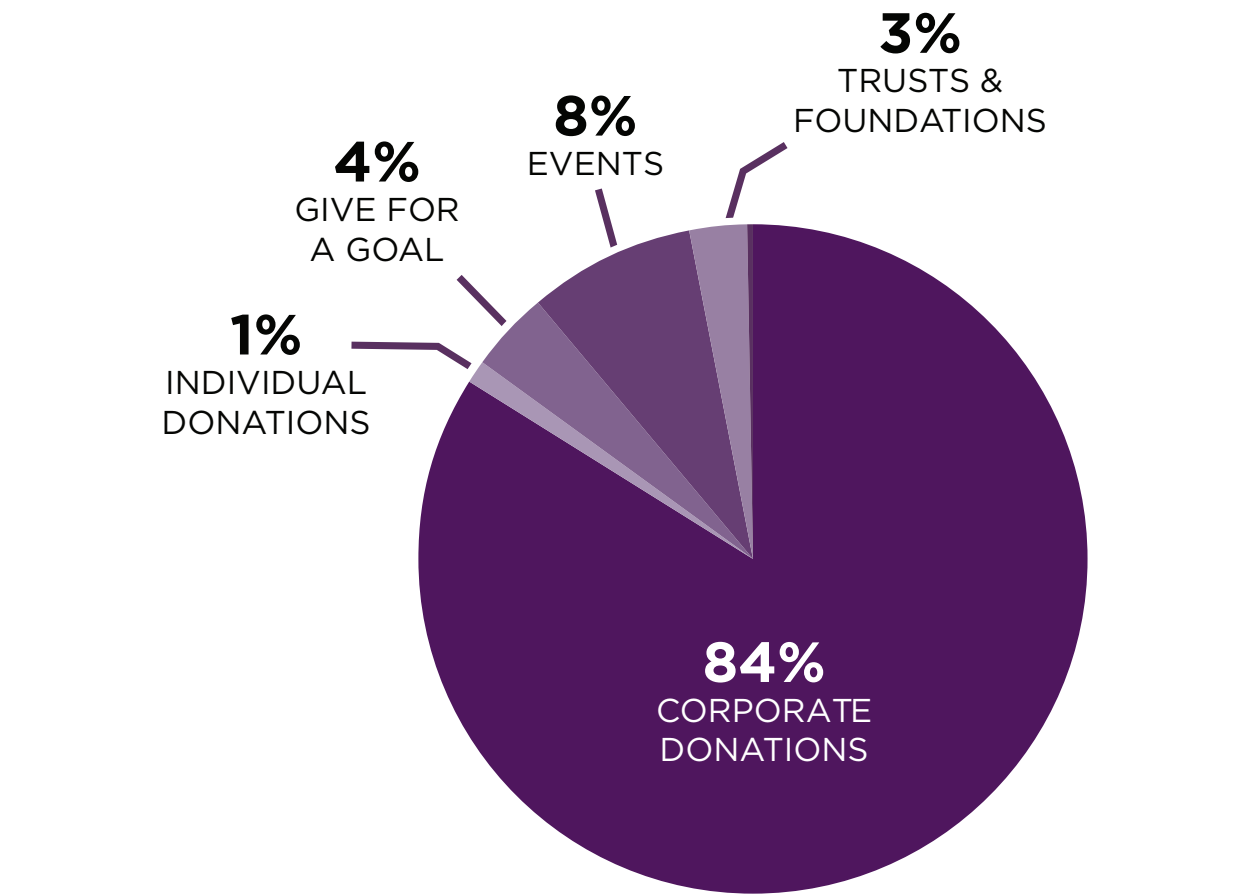
The Confident Girls Foundation has been able to support a greater number of vulnerable Australian girls, women and their communities during 2019 thanks to the generous financial support from corporate partners, philanthropic trusts and foundations and donations from individuals and events.

KPMG has completed an audit for the year ended 31 December 2019 and provided an unqualified opinion on the Financial report 2019.

For further Governance and Financial information please visit our website: www.confidentgirls.com.au

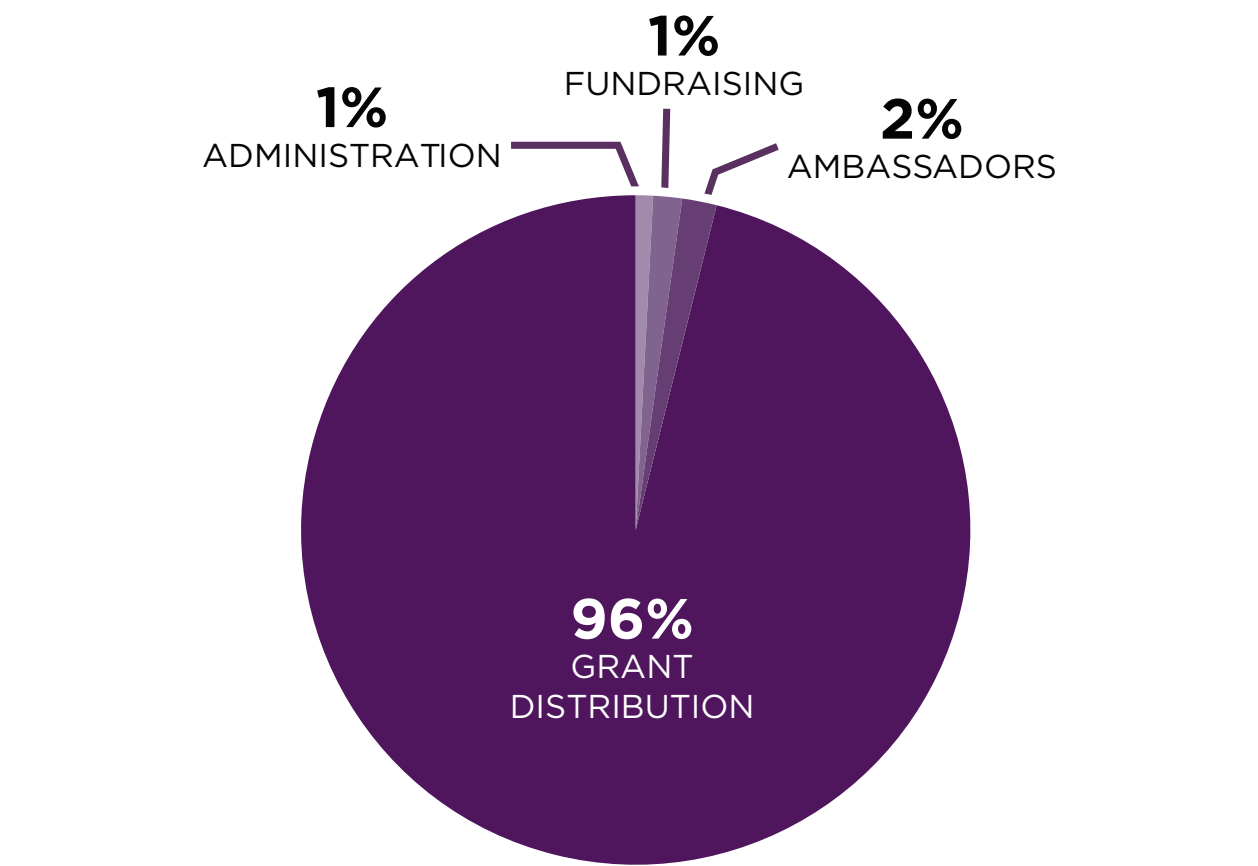
REVENUE

REVENUE	2019 ACTUAL	2018 ACTUAL
Corporate Donations	\$615,513	\$216,000
Individual Donations	\$7,735	\$9,052
Community Fundraising	\$3,232	\$6,825
Give For A Goal	\$29,507	\$8,716
Events	\$59,262	\$117,090
In-Kind Contributions	-	\$ 240,106
Trusts & Foundations	\$21,111	\$213,319
Other Revenue	\$80	-
TOTAL	\$736,440	\$811,108



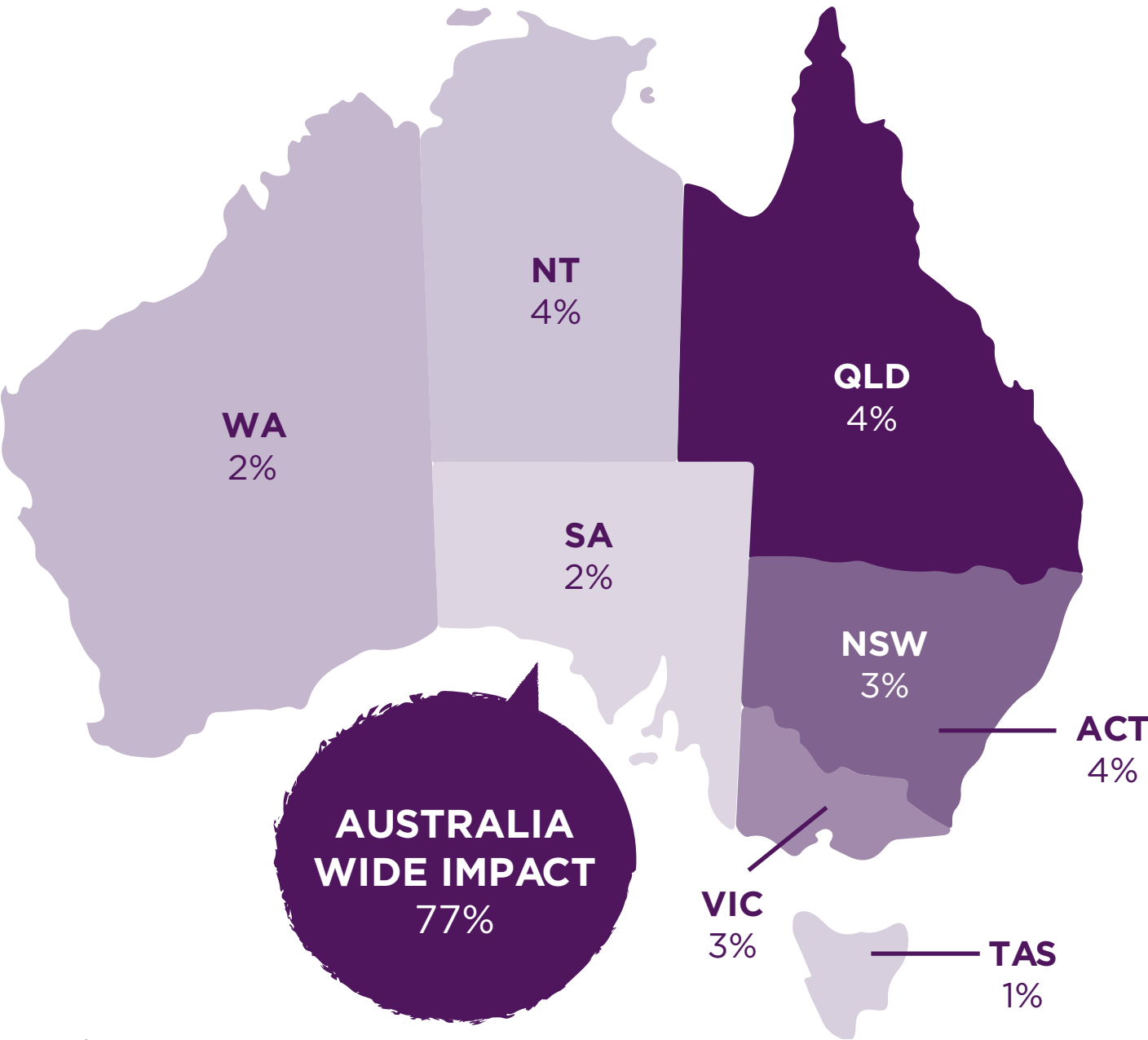
EXPENSES

EXPENSES	2019 ACTUAL	2018 ACTUAL
Administration	\$8,831	\$2,485
Business	-	\$22,458
Grants Distributed	\$894,490	\$444,157
In-Kind Contributions	-	\$240,106
Fundraising	\$12,173	\$14,669
Ambassadors	\$15,625	-
TOTAL	\$931,119	\$723,875



GRANT DISTRIBUTION

IMPACT	%	AMOUNT
Australia Wide	77%	\$688,757
ACT	4%	\$35,780
NSW	3%	\$26,835
NT	4%	\$35,780
QLD	4%	\$35,780
SA	2%	\$17,890
TAS	1%	\$8,945
VIC	3%	\$26,835
WA	2%	\$17,890
TOTAL	100%	\$894,490



PROGRAMS

	PROGRAMS	% OF PROGRAMS	NUMBER OF PARTICIPANTS	% OF PARTICIPANTS PER PROGRAM
Indigenous	15	25%	10,374	69%
Culturally and Linguistically Diverse	7	12%	898	6%
Disability	7	12%	900	6%
Low Socio-Economic Status	15	25%	701	5%
Rural, Regional and Remote	15	25%	2,105	14%
TOTAL	59	100%	14,978	100%

LOCATION	PROGRAMS	% OF PROGRAMS PER STATE/TERRITORY	PARTICIPANTS	% OF PROGRAMS PER STATE/TERRITORY
ACT	5	8%	535	4%
NSW	5	8%	469	3%
NT	6	10%	1,156	8%
QLD	26	44%	2,317	15%
SA	1	2%	86	1%
TAS	3	5%	38	0%
VIC	8	14%	2,612	17%
WA	5	8%	7,765	52%
TOTAL	59	100%	14,978	100%

[illegible]

CONFIDENT GIRLS FOUNDATION
191 Johnston Street,
Fitzroy, VIC, 3065